

1: Title Of The Best Practice: Health Programmes for Empowerment of Girl Students

Women's empowerment, referring to the empowerment of women in our present society, has become a significant topic of discussion in regards to development and economics. It can also point to approaches regarding other trivialized genders in particular political, economic, social contexts. Our college is committed to try to turn the socio-economical as well as socio-political situation into expected form. The large number of girl students in our college, which is also the great achievement of us, inspires to work in women empowerment stream. Organization recognized the relation between health and education. Institution runs several activities to gain overall social advancement and adding quality resources that may bridge the gap between dimension of socio-cultural existence. It is acknowledged, that our college is one of the leading organizations in community services, due to that college has selected this vital area to make healthy environment for girls in this aboriginal and economical backward place like Digras located in Yavatmal district of Maharashtra state, India.

2: Goal: -

- To make aware and impart knowledge regarding various nutrients present in different food materials and making a balance diet from available foods.
- To give knowledge regarding structure and functions of the body and how to maintain physical and mental fitness.
- To give information about the causes of various common diseases, how they spread and protection from these diseases.
- To encourage the girls to participate in the national programmes of disease awareness control and eradication.
- To give knowledge about personal hygiene and environmental cleanliness.
- To give knowledge about, first-aid and its importance in accidental cases.
- To give the information of government policies and programmers related to empowerment of the girls and women
- To create awareness about Yoga, meditation and exercise in once life.
- To make them able to handle all critical situations in life
- To motivate girls to be vaccinated in order to produce immunity against various diseases.
- To provide better social economic and political treatment to girls.
- To establish nice equation between education and health.

3: Context: -

Health plays a vital role in once life, when it concerns with women then it's being essence of humanity. Our college is committed to change this scenario by giving more focus to women empowerment. Digras is not only economically backward but also an aboriginal place. The locality of Digras is in between, not well developed and not too backward. Large number of girl students in our college showed somewhat progress but they are not well aware about their role in society. This college has co-education system and putting more efforts for gender equality. College has separate woman anti-harassment cell (Internal Complaints Committee) to care about various issues.

In the academic year 2016-2017, College conducted various activities, programmes, workshops. One day work-shop on 'The Protection of Women' was arranged by our college. The 'World Women's Day' was celebrated. Blood Group testing camp was also arranged. Guest lecturers were arranged on the

socially important subject like 'Patriarchy A Question of Women's Violence' and 'Gender Bias A Frame of Men-Women'

All these activities were organised to empower girl students of our college. The health programmes and guest lecturers make them aware and it's a way to empower them. It is the best practice of our college to make progress of girl students in current stream.

3) Evidence of Success: -

- 1) About 200 girl students actively participated in the workshop.
- 2) Guest lecture were arranged for all girl student.
- 3) Several girl students participated in blood group testing camp.
- 4) Record of relevant news item, photographs and video recording.
- 5) Acknowledgements of girls were recorded.
- 6) All girl students participated in the celebration of World Women's Day

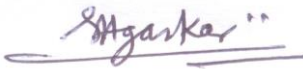
4) Problem Encountered and Resource Required: -

Digras is rural place so that customary practice and conventional methods have become challenge. Transport Service are not enough to arrange this type of programme on huge scale. Inviting experts from outside was also problematic

Collaboration of team member, guidance of leader and alternate sources were worked out to encounter the issues. The institute needs support of local small organizations to do if on a large scale.

5: Contact Details:-

Name of the principal: DR. S.V. Agarkar
Name of Institution: B.B. Arts, N.B. Commerce and B.P. Science College
City :- Digras
Accredited status:- Accredited by NAAC with B Grade (CGPA 2.50)
Website:- www.bbnbbpcollege.org
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**B.B. Art, N.B. Commerce &
B.P. Science College, Digras**

Best Practice II

1: Title Of The Best Practice: - Student Counselling and Guidance for Competitive Examination and Career

Education aims at all-around development of student's personality. In other word, students should be good in his profession and at the same time be an ideal citizen. His thinking should be rational. Our college is being devoted as well as committed to produce such kind of citizen in order to make better society to develop nation. Under the above practice college runs and conducts many programmes as well as activities to improve student's personality and their employability skills. The aim of this practice is the professional, intellectual and moral training of an individual.

2: Goal: -

- To make student aware about various competitive examination like MPSC, UPSC, Banking etc.
- To develop students' attitude, knowledge and skills for entrepreneurship and self-employment.
- To provide opportunities for professional growth.
- To develop a healthy attitude among students towards work and life.
- To provide study material and better environment for study in college campus.
- To establish study centre for better coaching.
- To improve personality traits and professional skills.
- To help the students to know better self-interests, abilities, aptitudes and opportunities.
- To assist the student in planning for educational and vocational choices.
- To enable the students to find a job in their own region.
- To improve employability and upgrade skills of students.

3: Context: -

Our organization is one of the leading organizations in community services, due to that college is trying to establish the new dimension of education. It's our belief that education can work, when it walks with current problems and local problems as a strong answer to it. This practice deals with professional skills, professional ethics, employability, and soft skills.

In the academic year 2016-2017 college organized various activities and programmes like guest lecture, currier guidance, personality development programme etc. Inauguration of 'Vikaspith Dnyanpith Competitive exam study centre was held. This centre provided the student the facility of reading room and ample books related to competitive exams, so that they can prepare for competitive exam. A guest lecture on 'Competitive Exam' was also arranged. In the same way a personality Development Programme was also conducted. A guest lecture on the subject 'One Village One Soldier' was also arranged. One day workshop on 'Value Education' was organized, "Student counselling and Guidance for Competitive Examination and Career" is nurturing the abilities and explore the hidden endowment in students. It is the best practice of our college to make our student enough able in different stream to achieve success.

4: Evidence of Success: -

- About 250 students were benefitted by the activities of 'Vikaspeth Dnyanpith Competitive Exam Study Centre.
- About 300 students participated in various guest lectures.
- Record of relevant news item and photographs.
- Acknowledgements of student were recorded.
- About 200 students actively participated in value education workshop.

5: Problem Encountered and Resources Required: -

Digras is rural place therefore customary practice and conventional localities were huge challenge. Transport services are not enough to organize this kind of programmes on huge scale. Inviting experts from outside was also problematic. To change the mind set of students for vocational studies was speed- breaker of this programme. Economical condition of student's family is a barrier for the stream.

Collaboration of team member, guidance of leader and alternate sources were worked out to encounter the issues. Scholarship was provided to good students. Study material was provided to poor students. To overcome these above cited problems, college was taking proper steps to collaborate with various organization

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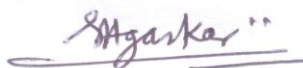
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